



Cambridge CAP  **Blue Fins**
SWEETHEART **SWIM**
High Point Trophy and All Medal Invite
Saturday, February 13th, 2010



Warm-ups 8:00 a.m.

Meet starts 9:00 am
10 minute break at 10:30 am
Break for lunch at 12:00

Warm-ups at 12:30
Meet resumes at 12:45
10 minute break at 2:15 if needed

Award breakdown:

Ages 5, 6, 7 and 8 awarded in single age and gender groups (8 total: 5-yr boys, 5-yr girls, etc)
 Ages 9 + awarded in regular age and gender groups (8 total: 9-10 boys, 9-10 girls, etc.)
 Scoring 5,3,1,0

First, second and third place in each event receive place medal.

Fourth through eighth receive place ribbon

*** Participation medals will be given**

High point scorers in each regular age and gender group receive trophy

(9-10, 11-12, 13-14, 15-18) (8-U breakdown will be determined by the number of entries)

Entries \$5.00 per swimmer – must be received by Friday, February 5th

Late entries \$8.00 per swimmer will be accepted until midnight, Wednesday, February 10th.

Teams that registered on time can send late entries at \$8.00 per swimmer.

Entries will not be accepted without accompanying fees.

ABSOLUTELY NO DECK SEEDS – relays may have substitutions among previously registered swimmers before 8:00 a.m. Saturday, February 13th.

Events: Medley Relay, Freestyle, I.M., Backstroke, Butterfly, Long Free, Breaststroke, Free Relay

Cafeteria will be open with a full concession stand, carry-ins are accepted.

Food (closed or open container) found in the pool or gym areas will be confiscated.

Please remind your parents that our pool area is VERY warm: short pants and short-sleeved shirts are highly recommended. Please leave all valuables at home!

For more information contact

Blue Fins Coaches:
bluefins@cambridge.k12.wi.us
Cambridge Area Pool
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Cambridge, WI 53523
(608) 423-8097
Fax 608-423-7078

